



We'd like to extend a warm Welcome to our new Staff and Students
at Harmony In Action!

Antonietta, Ryan, David, Alyssa, Christina, Devon, Jenn, Taylor,
Lindsay and Isabella.

Tootsie Roll Fundraiser November 2nd, 3rd, 4th and 5th.

Please contact the office if you would like to help during this
fundraiser.

Our Harmony Cooking Class is a great success. Twice a week our
Participants help to create some yummy and healthy snacks/lunches.

Hot Lunches this month include:

Lasagna, Stir Fry, Roast Beef Dinner, Penne and Roasted Chicken
Dinner