



We'd like to extend a warm Welcome to our new Staff and Students  
at Harmony In Action!

Antonietta, Ryan, David, Alyssa, Christina, Devon, Jenn, Taylor,  
Lindsay and Isabella.

Tootsie Roll Fundraiser November 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>.

Please contact the office if you would like to help during this  
fundraiser.

Our Harmony Cooking Class is a great success. Twice a week our  
Participants help to create some yummy and healthy snacks/lunches.

Hot Lunches this month include:

Lasagna, Stir Fry, Roast Beef Dinner, Penne and Roasted Chicken  
Dinner